

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nico Carstens

Has successfully participated & completed the

10km Trail Run Cool Intentions Charity Trail Run

held at Anura Wine Esate.

TIME 01:26:13

PACE 08:36/km

OVERALL 47 of 71

GENDER 24 of 33

40 - 49 2 of 3

15 November 2025, Sat

Date

