

CERTIFICATE OF PARTICIPATION

This is to certify that

Rafiek Lakay

Has successfully participated & completed the

45km MTB (Light Blue) Knysna Cycle Tour 2026 (MTB)

held at Knysna High School Sports Fields.

TIME 04:20:18

PACE 10.37km/h

GENDER 144 of 156

OVERALL 169 of 186

**GRAND 30 of 32
MASTERS**



11 July 2026, Sat

Date

BoutTime

Signature

