



CERTIFICATE OF PARTICIPATION

This is to certify that

Rene Nel

Has successfully participated & completed the

4.5km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 00:46:32

PACE 09:18/km

GENDER 111 of 238

OVERALL 179 of 355

60 - 69 3 of 22

19 September 2026, Sat

Date



BoutTime

Signature