



CERTIFICATE OF PARTICIPATION

This is to certify that

Rhyn Promnitz

Has successfully participated & completed the

10km Stap Die Groot Stap

held at Die Bosveld.

TIME 02:10:04

PACE 13:00/km

OVERALL 29 of 77

GENDER 15 of 33

50 - 59 4 of 8

08 November 2025, Sat

Date



BoutTime

Signature

