

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Riaan Nieuwoudt**

Has successfully participated & completed the  
**17Km Fresh@Groenkloof Nature Reserve**  
held at Groenkloof Nature Reserve .

**TIME 02:45:02**

**PACE 09:42/km**  
**OVERALL 51 of 67**

**GENDER 34 of 41**  
**60 - 69 4 of 4**

08 March 2026, Sun

Date



*BoutTime*

Signature

