

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Richard Stout**

Has successfully participated & completed the  
**10Km Fresh@Groenkloof Nature Reserve**  
held at Groenkloof Nature Reserve .

**TIME 01:15:22**

**PACE 07:31/km**  
**OVERALL 23 of 71**

**GENDER 14 of 27**  
**40 - 49 8 of 13**

08 March 2026, Sun

Date



*BoutTime*

Signature

