

CERTIFICATE OF PARTICIPATION

This is to certify that

**Rickus
Bezuidenhout**

Has successfully participated & completed the

5km Trail Run Cool Intentions Charity Trail Run

held at Anura Wine Estate.

TIME 00:54:39

PACE 10:54/km

OVERALL 69 of 145

GENDER 39 of 65

< 13 4 of 4

15 November 2025, Sat

Date



BoutTime

Signature

