

CERTIFICATE OF PARTICIPATION

This is to certify that

Rickus Strydom

Has successfully participated & completed the

45km MTB (Light Blue) Knysna Cycle Tour 2026 (MTB)

held at Knysna High School Sports Fields.

TIME 02:45:25

PACE 16.32km/h

GENDER 53 of 156

OVERALL 60 of 186

SUB VETERAN 5 of 19

11 July 2026, Sat

Date



BoutTime

Signature

