



CERTIFICATE OF PARTICIPATION

This is to certify that

**Rita Van Den
Heever**

Has successfully participated & completed the

4.5km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 01:03:16

PACE 12:39/km

**GENDER 197 of
238**

OVERALL 292 of 355

70 - 79 1 of 2

19 September 2026, Sat

Date



BoutTime

Signature

