

CERTIFICATE OF PARTICIPATION

This is to certify that

Ronny Boender

Has successfully participated & completed the

PUFfer 55km PUFfer Trail Run 2025

held at Fish Hoek Sports Field.

TIME 11:37:51

PACE 12:40/km

**GENDER 144 of
172**

OVERALL 206 of 248

50 - 59 25 of 32

30 August 2025, Sat

Date



BoutTime

Signature

