

# CERTIFICATE OF PARTICIPATION

This is to certify that

## Royston Fredericks

Has successfully participated & completed the  
**5km Adult Running for Transformation 2026**

held at SACS, Newlands Avenue.

**TIME 00:50:38**

**PACE 10:06/km**

**GENDER 49 of 74**

**OVERALL 133 of 266**

**40 - 49 13 of 18**

16 June 2026, Tue

Date



*BoutTime*

Signature

