

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Rudolf Gouws**

Has successfully participated & completed the

**Duathlon Sprint Prime View Cross Duathlon #3**

held at Prime View.

**TIME 01:10:30**

**PACE 04:24/km**

**GENDER 8 of 16**

**OVERALL 10 of 25**

**60 - 69 2 of 3**

26 July 2026, Sun

Date



*BoutTime*

Signature

