



CERTIFICATE OF PARTICIPATION

This is to certify that

**Ruqayya Sayed
Rasool**

Has successfully participated & completed the

4.5km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 00:12:41

PACE 02:31/km

OVERALL 5 of 355

GENDER 5 of 238

14 - 19 2 of 91

19 September 2026, Sat

Date



BoutTime

Signature