

CERTIFICATE OF PARTICIPATION

This is to certify that

Russouw Bester

Has successfully participated & completed the

5km Adult Running for Transformation 2026

held at SACS, Newlands Avenue.

TIME 00:41:18

PACE 08:15/km

GENDER 30 of 74

OVERALL 66 of 266

60 - 69 2 of 5

16 June 2026, Tue

Date



BoutTime

Signature

