



CERTIFICATE OF PARTICIPATION

This is to certify that

Sandra Spies

Has successfully participated & completed the

4.5km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 00:40:17

PACE 08:03/km

GENDER 74 of 238

OVERALL 129 of 355

14 - 19 41 of 91

19 September 2026, Sat

Date



BoutTime

Signature