

CERTIFICATE OF PARTICIPATION

This is to certify that

Shan Louw

Has successfully participated & completed the

10km Run or Hike Misty Ridge Trail Run

held at Potato Seed Production (Farm Sterkspruit, Lydenburg.

TIME 01:11:58

PACE 07:10/km

GENDER 4 of 44

OVERALL 10 of 71

40 - 49 3 of 13

07 March 2026, Sat

Date



BoutTime

Signature

