

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sinazo Mbadamana**

Has successfully participated & completed the

**5km Adult Running for Transformation 2026**

held at SACS, Newlands Avenue.

**TIME 00:59:09**

**PACE 11:48/km**

**GENDER 117 of 192**

**OVERALL 172 of 266**

**OPEN 72 of 109**

16 June 2026, Tue

Date



*BoutTime*

Signature

