

CERTIFICATE OF PARTICIPATION

This is to certify that

Sonja Van Zyl

Has successfully participated & completed the

14km Trail Run Spekbos Josty Trail Run Challenge 2025

held at Lategansvlei Soccer Stadium, Oudtshoorn.

TIME 02:20:52

PACE 10:03/km

OVERALL 38 of 46

GENDER 24 of 28

50 - 59 10 of 11

22 November 2025, Sat

Date



BoutTime

Signature

