

CERTIFICATE OF PARTICIPATION

This is to certify that

Sulet Van Staden

Has successfully participated & completed the

10km Run or Hike Misty Ridge Trail Run

held at Potato Seed Production (Farm Sterkspruit, Lydenburg.

TIME 01:17:14

PACE 07:42/km

GENDER 6 of 44

OVERALL 19 of 71

40 - 49 4 of 13

07 March 2026, Sat

Date



BoutTime

Signature

