

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Suzette Ploos Van  
Amstel**

Has successfully participated & completed the

**21km Trail Run Around The Rock #2 Spice Route**

held at Spice Route.

**TIME 02:51:42**

**PACE 08:09/km**

**GENDER 7 of 11**

**OVERALL 19 of 23**

**OPEN 4 of 4**

18 October 2025, Sat

Date



*BoutTime*

Signature

