

# CERTIFICATE OF PARTICIPATION

This is to certify that

## Tamara Mushonga

Has successfully participated & completed the  
**5km Adult Running for Transformation 2026**

held at SACS, Newlands Avenue.

**TIME 00:57:16**

**PACE 11:27/km**

**GENDER 104 of  
192**

**OVERALL 158 of 266**

**OPEN 62 of 109**

16 June 2026, Tue

Date



*BoutTime*

Signature

