

CERTIFICATE

OF PARTICIPATION

This is to certify that

Taryn Morrow

Has successfully participated & completed the

10km Trail Run Around The Rock #3 Laborie

held at Laborie Wine Farm, Paarl.

TIME 01:14:30

PACE 07:27/km

OVERALL 17 of 48

GENDER 10 of 30

40 - 49 3 of 7

09 November 2025, Sun

Date



BoutTime