



CERTIFICATE OF PARTICIPATION

This is to certify that

Thelma Fourie

Has successfully participated & completed the

4.5km Trail Run Plasie Trail Run

held at Merensky High School.

TIME 00:38:26

PACE 07:40/km

GENDER 58 of 238

OVERALL 109 of 355

40 - 49 7 of 39

19 September 2026, Sat

Date



BoutTime

Signature