

CERTIFICATE

OF PARTICIPATION

This is to certify that

Theo Van Wyk

Has successfully participated & completed the

10km Trail Run Around The Rock #3 Laborie

held at Laborie Wine Farm, Paarl.

TIME 01:20:14

PACE 08:00/km

OVERALL 22 of 48

GENDER 9 of 18

50 - 59 4 of 7

09 November 2025, Sun

Date



Bout Time