

CERTIFICATE OF PARTICIPATION

This is to certify that

Tristan Parris

Has successfully participated & completed the
5km Adult Running for Transformation 2026

held at SACS, Newlands Avenue.

TIME 00:51:50

PACE 10:21/km

GENDER 50 of 74

OVERALL 140 of 266

OPEN 27 of 39

16 June 2026, Tue

Date



BoutTime

Signature

