

CERTIFICATE OF PARTICIPATION

This is to certify that

Vallie Adams

Has successfully participated & completed the

45km MTB (Light Blue) Knysna Cycle Tour 2026 (MTB)

held at Knysna High School Sports Fields.

TIME 03:08:29

PACE 14.32km/h

OVERALL 104 of 186

GENDER 88 of 156

MASTERS 20 of 38

11 July 2026, Sat

Date



BoutTime

Signature

