

CERTIFICATE OF PARTICIPATION

This is to certify that

Zak Adams

Has successfully participated & completed the

Self Seeded Race (Men) 44km Alchemy Time Trail

held at Plot 116, Springbok Road.

TIME 01:16:32

PACE 34.49km/h

GENDER 10 of 9

OVERALL 10 of 9

**MASTER (50- 3 of 2
59)**



28 September 2025, Sun

Date



BoutTime

Signature