

# CERTIFICATE OF PARTICIPATION

This is to certify that

**jan hendrik lombard**

Has successfully participated & completed the

**Cross Duathlon - Sprint The Valley Cross Duathlon#1**

held at Hazeldean Valley Trails.

**TIME 01:01:40**

**PACE 03:04/km**

**GENDER 2 of 6**

**OVERALL 2 of 9**

**14 - 19 1 of 1**

05 July 2026, Sun

Date



*BoutTime*

Signature

