

# CERTIFICATE OF PARTICIPATION

This is to certify that

**karin mcdonald**

Has successfully participated & completed the  
**17Km Fresh@Groenkloof Nature Reserve**  
held at Groenkloof Nature Reserve .

**TIME 03:12:21**

**PACE 11:18/km**  
**OVERALL 61 of 67**

**GENDER 22 of 26**  
**50 - 59 3 of 5**

08 March 2026, Sun

Date



*BoutTime*

Signature

