

CERTIFICATE

OF PARTICIPATION

This is to certify that

philo snyman

Has successfully participated & completed the

5km Trail Run Around The Rock #3 Laborie

held at Laborie Wine Farm, Paarl.

TIME 00:46:14

PACE 09:13/km

OVERALL 15 of 30

GENDER 6 of 12

50 - 59 3 of 5

09 November 2025, Sun

Date



BoutTime

Signature