

CERTIFICATE OF PARTICIPATION

This is to certify that

Sylvia Cook

Has successfully participated & completed the

20km Trail Race Arnold Chatz Nogwaja Trail Run

held at Rustig Hiking Trails.

TIME 03:14:17

PACE 09:42/km

OVERALL 74 of 125

GENDER 11 of 38

OPEN 7 of 17

29 July 2018, Sun

Date



BoutTime

Signature

