

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Phil Ditshoene**

Has successfully participated & completed the  
**20km Trail Race Arnold Chatz Nogwaja Trail Run**  
held at Rustig Hiking Trails.

**TIME 04:03:25**

**PACE 12:09/km**

**GENDER 79 of 87**

**OVERALL 105 of 125**

**40 - 49 25 of 30**

29 July 2018, Sun

Date



*BoutTime*

Signature

