

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Jon Parsonage**

Has successfully participated & completed the  
**20km Trail Race Arnold Chatz Nogwaja Trail Run**  
held at Rustig Hiking Trails.

**TIME 02:46:50**

**PACE 08:19/km**  
**OVERALL 42 of 125**

**GENDER 36 of 87**  
**OPEN 27 of 47**

29 July 2018, Sun

Date



*BoutTime*

Signature

