

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sean Aspoas**

Has successfully participated & completed the

**20km Trail Race Arnold Chatz Nogwaja Trail Run**

held at Rustig Hiking Trails.

**TIME 02:54:47**

**PACE 08:43/km**

**GENDER 44 of 87**

**OVERALL 51 of 125**

**40 - 49 11 of 30**

29 July 2018, Sun

Date



*BoutTime*

Signature

